



What's On: December 2021

- weekly activities



Café open Monday to Saturday 10:30-3:30 serving drinks and cakes

Exhibitions:

- 'Painting & Turning: a debut exhibition' by Charlotte & David Vesey - 22nd Nov - 4th Dec
- 'Hidden Treasures' - Monday 6th December '21 - Saturday 8th Jan 2022

Weekly activities below – see overleaf for one off classes and courses!

Day	Activity / Event	Time	Cost	Booking info
Monday	Creative Mondays	10:30 – 12:00	Donations welcome	Drop-in sessions, no need to book
	Paracise with Susie Alderson (virtual – on Zoom)	10:30am - 11:15am	First class FREE, then £5 a session	Booking required - susie.alderson@outlook.com on or 07762 138356
	Connections men's yoga (virtual – on Zoom)	8pm - 9pm	£10 a session or £90 for 10	Booking required - iain.manson@opendoorberkhamsted.co.uk
Wednesday	Beginners Pilates with Michelle	10:30 - 11:30	£10 a week	Booking required - michelleselinger@outlook.com or call her on 07826 858533
	Art with Julie Smare	12:30-2:30	£15 a session	Booking required - julie.smare1@gmail.com
	The Open Door Book group (virtual – on Zoom)	Last Weds of the month 2pm	Free	Booking required - fredcharliej@gmail.com
	Yoga with Raccine	7pm - 8:15pm	First free, then £10	Booking required - raccineyoga@gmail.com
	Pilates with Michelle Selinger	9:45-10:45	£10 a session	Booking required - michelleselinger@outlook.com or call her on 07826 858533
Thursday	Wobble with Susie Alderson (virtual – on Zoom)	10am		Booking required - susie.alderson@outlook.com on or 07762 138356
	Chair yoga with Hilary Warrell	11:30am - 12:30pm	£10 a session	Booking required - 07963 252577 or hgwarrell@hotmail.co.uk
	The Open Door Book group (virtual – on Zoom)	Last Thurs of the month 7:30pm	Free	Booking required - fredcharliej@gmail.com
	Yoga with Raccine	10:00am - 11:15am	First class free, then £10	Booking required - raccineyoga@gmail.com
Friday	Memory Café for people with dementia and Alzheimer's (and a family member/carer)	10:30 - 12noon	Free	Please email before you or a loved one come for the first time - info@opendoorberkhamsted.co.uk
	Paracise with Susie Alderson (virtual – on Zoom)	10:30 - 11:15am	First class free, then £5 a session	Booking required - susie.alderson@outlook.com on or 07762 138356
	Repair Café Throw it away? No way!	First Sat of every month, 9:30-12:30	Donations welcome	No need to book (note January café will be 8 th not 1 st January)
Sat	Mary's Meals - soup, tea and cake, plus table top sale, for charity www.marysmeals.org.uk	Last Sat of every month, 12-3pm	Donations welcome	No need to book (note no Mary's Meals in December)



For further info or to book, check www.opendoorberkhamsted.co.uk/whats-on, ask us, or call 01442 768120. Changes and additions may occur - please check for updates!







What's On: December 2021

– one off events/classes/courses



One off events / classes / courses below – see overleaf for weekly activities

Date	Activity / Event	Time	Cost	Booking info
Thursday 2nd December	Time to Think: journaling for clarity, calm and creativity	7:30-9:30pm	£10	Book your place now at www.bookwhen.com/opendoor
Fridays 26th Nov & 3rd December	Lino printing short course with Russell	1.30-3.30	£30 for the two sessions	Book your place now at www.bookwhen.com/opendoor
Friday 3rd December	Angel Keepsake Painting Workshop	7:30-9pm	£20	Book at https://sallymciverart.com/product-category/workshops
Saturday 4th December	Repair Café	9:30-12:30	Donations welcome	No need to book
Monday 6th December	New exhibition opens - 'Hidden Treasures'	10:30-3:30 Mon-Sat	Free	No need to book 
Tuesday 7th December	Christmas Sugarcraft workshop 	1-3pm	Suggested donation £5	Book your place now at www.bookwhen.com/opendoor
Tuesdays for 4 weeks from 16th November – 7th December	Guided Acrylics Painting Workshops with Louise Williams - 4 week course	1-3pm Zoom or 7-9pm at Open Door	£50 (Zoom) or £60 (in person)	Booking required - gocreate123@gmail.com
Thursday 9th December	Support Group for Parents of Neurodiverse Children	7-8pm	Free but donations welcome	Booking required - ponkgroup24@gmail.com
Saturdays 11th & 18th December	Photography short 2 session course	10.30 -3pm	£60 for the two sessions	Book your place now at www.bookwhen.com/opendoor
Thursday 16th December	Festive open evening	6-8pm	Free but donations welcome	Drop in - no need to book 
Saturday 18th December 10:30 – 3:30 no need to book	Fun-packed day of festive activities for all ages! Throughout the day – donations welcome: <ul style="list-style-type: none"> • Mince pies, hot chocolate and other festive refreshments. • Christmas crafts & facepainting for kids • Festive songs from UkeRythmics (morning) • Informal Christmas singalong with Sign with Anna, for kids & their grownups (afternoon) 			
	Canvas Crew Kids Christmas Card Making workshop age 7+	11:30-12:30	Suggested donation £3	Drop in - no need to book
	Father Christmas at Open Door	1:30-3:30	Donations welcome	Drop in - no need to book
	Edwina's Christmas pottery workshop for kids age 5-10	2-3pm	£15	Booking required - weenawilks@hotmail.com or 07595310951
Monday 20th December	Festive soup lunch 	12-2pm	Donations welcome	info@opendoorberkhamsted.co.uk or 01442 768120 to reserve your place

Festive opening times:

Open Door will be closed Sat 25th – Tues 28th Dec, and then again Fri 31st Dec – Mon 3rd Jan '22
We will be open 10:30-3:30 on Weds 29th & Thurs 30th December. Reopening Tues 4th Jan '22



Coming up in January:

- January's Repair Café will be on Sat 8th Jan (not the first Saturday of the month as it usually is)
- 3 session pottery courses – Fri & Sat - contact weenawilks@hotmail.com or 07595310951 to book
- Code Club for 9-13 years - Wednesdays after school starting in January
- Qigong sessions

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