

What's On: November 2021

– weekly activities



Café open Monday to Saturday 10:30-3:30 serving drinks and cakes

Exhibitions:

- 'Coming Home' by Kim Major-George - 1st - 13th November
- 'Painting & Turning: a debut exhibition' by Charlotte & David Vesey - 22nd Nov - 4th Dec

Weekly activities below – see overleaf for one off classes and courses!

Day	Activity / Event	Time	Cost	Booking info
Monday	Creative Mondays	10:30 – 12:00	Donations welcome	Drop-in sessions, no need to book
	Paracise with Susie Alderson (virtual – on Zoom)	10:30am - 11:15am	First class FREE, then £5 a session	Booking required - susie.alderson@outlook.com on or 07762 138356
	Connections men's yoga (virtual – on Zoom)	8pm - 9pm	£10 a session or £90 for 10	Booking required - iain.manson@opendoorberkhamsted.co.uk
Wednesday	Beginners Pilates with Michelle	10:30 - 11:30	£10 a week	Booking required - michelleselinger@outlook.com or call her on 07826 858533
	Art with Julie Smare	12:30-2:30	£15 a session	Booking required - julie.smare1@gmail.com
	The Open Door Book group (virtual – on Zoom)	Last Weds of the month 2pm	Free	Booking required - fredcharliej@gmail.com
	Yoga with Raccine	7pm - 8:15pm	First free, then £10	Booking required - raccineyoga@gmail.com
	Pilates with Michelle Selinger	9:45-10:45	£10 a session	Booking required - michelleselinger@outlook.com or call her on 07826 858533
Thursday	Wobble with Susie Alderson (virtual – on Zoom)	10am		Booking required - susie.alderson@outlook.com on or 07762 138356
	Chair yoga with Hilary Warrell	11:30am - 12:30pm	£10 a session	Booking required - 07963 252577 or hgwarrell@hotmail.co.uk
	The Open Door Book group (virtual – on Zoom)	Last Thurs of the month 7:30pm	Free	Booking required - fredcharliej@gmail.com
	Yoga with Raccine	10:00am - 11:15am	First class free, then £10	Booking required - raccineyoga@gmail.com
Friday	Memory Café for people with dementia and Alzheimer's (and a family member/carer)	10:30 - 12noon	Free	Please email before you or a loved one come for the first time - info@opendoorberkhamsted.co.uk
	Paracise with Susie Alderson (virtual – on Zoom)	10:30 - 11:15am	First class free, then £5 a session	Booking required - susie.alderson@outlook.com on or 07762 138356
	Repair Café Throw it away? No way!	First Sat of every month, 9:30-12:30	Donations welcome	No need to book
Sat	Mary's Meals - soup, tea and cake, plus table top sale, for charity www.marysmeals.org.uk	Last Sat of every month, 12-3pm	Donations welcome	No need to book



For further info or to book, check www.opendoorberkhamsted.co.uk/whats-on, ask us, or call 01442 768120. Changes and additions may occur - please check for updates!

What's On: November 2021

– one off events/classes/courses



One off events / classes / courses below – see overleaf for weekly activities

Date	Activity / Event	Time	Cost	Booking info
Wednesday 3 rd November	Paracise with Susie	9:30-10:15	£7 a session	Booking required - susie.alderson@outlook.com on or 07762 138356
Friday 5th November	Lino printing session with Russell	1:30-3:30	£15 for the session	Book your place now at www.bookwhen.com/opendoor
Saturday 6th November	Repair Café	9:30-3:30	Donations welcome	No need to book
Wednesday 10th November	Coffee morning with DENS	10:30-12:30	Donations welcome	No need to book
Thursday 11th November	Support Group for Parents of Neurodiverse Children	7-8pm	Free but donations welcome	Booking required - ponkgroup24@gmail.com
Friday 12th November	Peru1982 - a talk by Tony Hutchings	7-8:30pm	£5 suggested donation	Book your place now at www.bookwhen.com/opendoor
Monday 15th - Saturday 20th November	Open Door will be closed all week for essential maintenance – sorry! Let us know if you need anything during this week. The Community Pantry will remain open and operational.			
Starts Tuesday 16 th November for 4 weeks	Guided Acrylics Painting Workshops with Louise Williams - 4 week course	1-3pm on Zoom or 7-9pm at Open Door	£50 (Zoom) or £60 (in person)	Booking required - gocreate123@gmail.com
Sunday 21st November	Open Door Creative Classroom @ Ashlyns Craft Fair	12-2	£3 donation per activity (£2 entrance to Craft Fair)	No need to book
Tuesday 23rd November	Qigong free taster session with Yoko	11-12	Free but donations welcome	Book your place now at www.bookwhen.com/opendoor
Thursday 25th November	Christmas Clothes Swap	7 – 9pm	£6	Book your place at https://bit.ly/2ZHBfBd
Fridays 26th Nov & 3rd December	Lino printing short course with Russell	1.30-3.30	£30 for the two sessions	Book your place now at www.bookwhen.com/opendoor
Saturday 27th November	Wreath making workshop	12 – 2pm	£50	Booking required – info@two-girls-and-some-flowers.co.uk
Saturday 27th November	Mary's Meals	12 - 3	Donations welcome	No need to book

Coming up in December:

- Time to Think: journaling for clarity, calm and creativity - Thursday 2nd December, 7:30-9:30pm
- Angel Keepsake Painting Workshop - Friday 3rd December - 7:30-9pm
- Repair Café - Saturday 4th December, 9:30-12:30 (first Saturday of every month)
- New exhibition opens - 'Hidden Treasures' - Monday 6th December
- Christmas Sugar craft workshop - Tuesday 7th December, 1-3pm
- Photography short 2 session course with Russell - Saturdays 11th & 18th December, 10.30-3pm



For further info or to book, check www.opendoorberkhamsted.co.uk/whats-on, ask us, or call 01442 768120. Changes and additions may occur - please check for updates!

