

What's On : January

Information Posters at the foot of the What's On page of the website

NOTE: Changes to the timetable may occur. Please check for updates.

■ Exhibition
 ■ Creative activities
 ■ Wellbeing
 ■ Children
 □ Other
 TBC = to be confirmed

Regularity	Day	Dates	Activity / Event	Time	Cost per session
Every day	Tues-Sat	15 Jan to 2 Feb	Exhibition: 'Faces and Places' All media on this theme	10:30 am to 4.00 pm	Works for sale
	Monday	14	Open Mic Poetry Night New!	7.30 pm	£2 Donation
	Monday	21	Hospice of St Francis – Art Bag Project	10.30 am to 12.30 pm	Donations
Third Monday each month	Monday	21	Board Games evening	6.45 pm to 8.45 pm	Donations to organiser
First Tuesday each month	Tuesday	8	First Mummies Club – creative activities and <i>me</i> time	7.30 pm to 9.30 pm	Price varies. Incs materials
Weekly	Tuesday	8, 15, 22, 29	Qigong	11.15 am to 12.15 pm	£8
Weekly	Tuesday	8, 15, 22, 29	Seated Qigong	12.30 pm to 1.00 pm	£5
Weekly	Tuesday	8, 15, 22, 29	Drop in and Decopatch – Paper & glue available	1.30 pm to 4.00 pm	£5 per item or BYO for £2+
Taster session	Tuesday	15	Little Signers – sign language for babies 5-18 mths New!	10.00 am to 11.10 am	Free
7-week course	Tuesday	22, 29 Jan 5, 12, 26 Feb 5, 12 Mar	Little Signers – sign language for babies 5-18 mths	9.30 am to 11.10 am	TBC for 7-week course
Weekly	Wednesday	9, 16, 23, 30	Parents & Toddlers - Arts & Crafts (themes vary)	10.30 am to 11.45 am	£7 per child
Weekly	Wednesday	9, 16, 23, 30	Art Club for Beginners – learn different techniques	12.30 pm to 2.30 pm	£15 – materials provided
Weekly	Wednesday	9, 16, 23, 30	Gentle Evening Yoga New!	7.00-8.00 pm	£8
Weekly	Wednesday	30	Drop-in Knitting session – get help with your projects	1.00-4.00 pm	Donation
Monthly	Wednesday	16	Charity Coffee morning	10.30 am to 12.30 pm	Fundraiser
	Thursday	17	Hospice of St Francis – Art Bag Project	10.30 am to 12.30 pm	Donations
	Thursday	17	Needle Felting – make your own Bee Brooch	1.00 pm to 3.00 pm	£20
Weekly	Thursday	10, 17, 24, 31	Pilates for Beginners and Intermediates	10.00 am to 11.00 am	£10 pw or £52 for 6 sessions
	Thursday	31	Photography Club	7.15-9.15 pm	TBC
Now weekly	Friday	4, 11, 18, 25	Memory Café for people with memory challenges + carers	10.30 am to 12.00 noon	Donations welcome 😊
	Friday	25	QUIZ NIGHT ! Tickets include supper	7.30 pm	Tickets £15 in advance
Weekly	Friday	4, 11, 18	Gentle Yoga - daytime	10.00 to 11.00 am	£8
	Friday	25	Gelli plate printing	12.30 pm to 2.30 pm	£15

FOR BOOKINGS AND THE LATEST INFORMATION: opendoorberko@gmail.com ● 01442 733806
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