

# What's On : April 2019

Information Posters at the foot of the What's On page of our website

NOTE: Changes to the timetable may occur. Please check for updates.

■ Exhibition  
 ■ Creative activities  
 ■ Wellbeing  
 ■ Children  
 □ Other  
 TBC = to be confirmed

Regularity	Day	Dates	Activity / Event	Time	Cost per session
Exhibition	Tues-Sat	2 to 20	Colour and Form - Pete Greening and Jean Langdon	10:30 am to 4.00 pm	Works for sale
Exhibition	Tues-Sat	24 April to 4 May	Bucks Potters – Ceramics and more	10:30 am to 4.00 pm	Works for sale
2 <sup>nd</sup> Monday every Month	Monday	8	Open Mic Night - Poetry & Prose	7.30 pm to 9.30 pm	Suggested donation £2+
Weekly	Monday	From 1 <sup>st</sup> April	Knit & Natter – drop-in sessions	10.30 am to 12 noon	Donations welcome 😊
Weekly until Easter	Monday	1, 15, 29	Gospel Choir - <b>Taster sessions</b>	7.30 pm to 9.00 pm	Free
First Tuesday each month	Tuesday	2	First Mummies Club – creative activities and <i>me</i> time	7.30 pm to 9.30 pm	Price varies. Incs materials
Weekly	Tuesday	2, 9, 30	Under 5's singing <b>New!</b>	10.00 am to 10.30am	£5
Weekly	Tuesday	2, 9, 30	Under 5's singing <b>New!</b>	2.30 pm to- 3.00 pm	£5
Weekly	Tuesday	2, 9, 16, 30	Qigong	11.15 am to 12.15 pm	£8
Weekly	Tuesday	2,9, 16, 30	Seated Qigong	12.30 pm to 1.00 pm	£5
Weekly	Tuesday	2, 9, 30	Drop in & Decopatch – theme varies each week	1.30 pm to 3.00 pm	£5 per item or BYO for £2+
	Tuesday	2	Needlefelting – make a fox or sheep	1.00 pm to 3.00 pm	£20
Weekly	Wednesday	3, 10, 17, 24	Parents & Toddlers - Arts & Crafts (themes vary)	10.30 am to 11.45 am	£7 per child, and sibling discount
Weekly	Wednesday	3, 24 and 1 May	Art Club – Beginners / Intermed. – learn different techniques	12.30 pm to 2.30 pm	£15 – materials provided
Weekly	Wednesday	3, 10, 17, 24	Gentle Evening Yoga	7.00 pm to 8.00 pm	£10
Weekly	Wednesday	3, 10, 17, 24	Drop-in Knitting session – get help with your projects	1.30 pm to 4.00 pm	Donations welcome 😊
Fortnightly	Thursday	4, 18	Learn to Crochet DAY <b>New!</b>	1.00 pm to 3.00 pm	£15 pw or £75 for 6 sessions
Fortnightly	Thursday	4, 18	Learn to Crochet EVE <b>New!</b>	7.00 pm to 9.00 pm	£15 pw or £75 for 6 sessions
Fortnightly	Thursday	4, 18	Word Creative Writing Group – all levels <b>New!</b>	7.00 pm	Donations of £2 welcome 😊
Weekly	Thursday	4	Pilates for Beginners and Intermediates	10.00 am to 11.00 am	£10 pw or £52 for 6 sessions
Monthly	Thursday	11	Health Walks – meet Sacred Heart Car Park, refreshments and lunch at Open Door	11.15 am	Donations welcome 😊
	Thursday	25	Functional Feet Workshop <b>New!</b>	11.15 am to 12.30 pm	£15



# What's On : April 2019

Information Posters at the foot of the What's On page of our website

NOTE: Changes to the timetable may occur. Please check for updates.

■ Exhibition  
 ■ Creative activities  
 ■ Wellbeing  
 ■ Children  
  Other

TBC = to be confirmed

	Regularity	Day	Dates	Activity / Event	Time	Cost per session
	Now weekly	Friday	5, 12, 26	Memory Café for people with memory challenges + carers	10.30 am to 12.00 noon	Donations welcome 😊
	Weekly	Friday	5, 12, 26	Gentle Yoga	10.00 to 11.00 am	£10
	Monthly	Friday	5	Yoga and Vegan Supper Club	6.30 pm to 9.30 pm	£25 - booking essential
	Fortnightly	Friday	12	Finale club - conversation re end-of-life preparations <b>New!</b>	2.00 pm to 4.00 pm	TBC
		Saturday	6	Monoprinting with Rags <b>New!</b>	10.00 am to 1.00 pm	£30

FOR BOOKINGS AND THE LATEST INFORMATION:

[opendoorberko@gmail.com](mailto:opendoorberko@gmail.com)

01442 733806 ● [www.opendoorberko.co.uk](http://www.opendoorberko.co.uk) ● @opendoorberko on social media