WHAT'S ON

Tuesday

Wednesday

April 2024

Monday

1	2	3	4	5	6
Jan 2nd-Dec 21st Café open to all Monday to Saturday					
10:30am-12:30pm Creative Monday Mornings & Crochet Group	9am-1:30pm Kate Benton Psychotherapy	10:45am-11:30am 'Sagalates' seated Pilates with Michelle Selinger	9am-1:30pm Kate Benton Psychotherapy	10:30am-12pm Memory Café for people with dementia and Alzheimer's	9:30am-12:30pm Repair Café - Throw it away? No way!
12:30pm-2:30pm Free English classes for Ukrainians - Безкоштовні курси англійської для українців	10am-12pm Community Fridge - redistributing surplus food to our community	12:30pm-2:30pm Art with Julie Smare	9:45am-10:45am Intermediate Pilates with Michelle Selinger	7pm-9pm Pottery: Wheel Thrown Pottery workshop with Amanda Toms (beginners)	10am-12:30pm Pottery: Wheel Thrown Pottery workshop with Amanda Toms (beginners to intermediates)
8pm-9pm Connections men's yoga			1pm-4pm Community Garden Volunteer Thursdays	(acgimicity)	Sunday 7
		4pm-5:30pm After school pottery painting			8:15am-9:15am
		5:30pm-8:30pm Pottery: Open studio session (untutored)			Power Flow Vinyasa yoga with Aisling
		6pm-8pm Pottery: wind chimes with Sarah			
		6:30pm-7:30pm Pottery: Glazing session			
8	9	10	11	12	13
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		12:30pm-2:30pm Art with Julie Smare 7pm-8:30pm Parents of Neurodiverse Kids (PONK) Support Group	9:45am-10:45am Intermediate Pilates with Michelle Selinger 10am-12pm Dacorum Health Walks followed by coffee at Open Door		(beginners to intermediates)
	10am-12pm				Sunday
	Pottery: Wheel thrown pottery workshop with Paul (beginners)				14
					8:15am-9:15am Power Flow Vinyasa yoga with Aisling
			1pm-4pm Community Garden Volunteer		

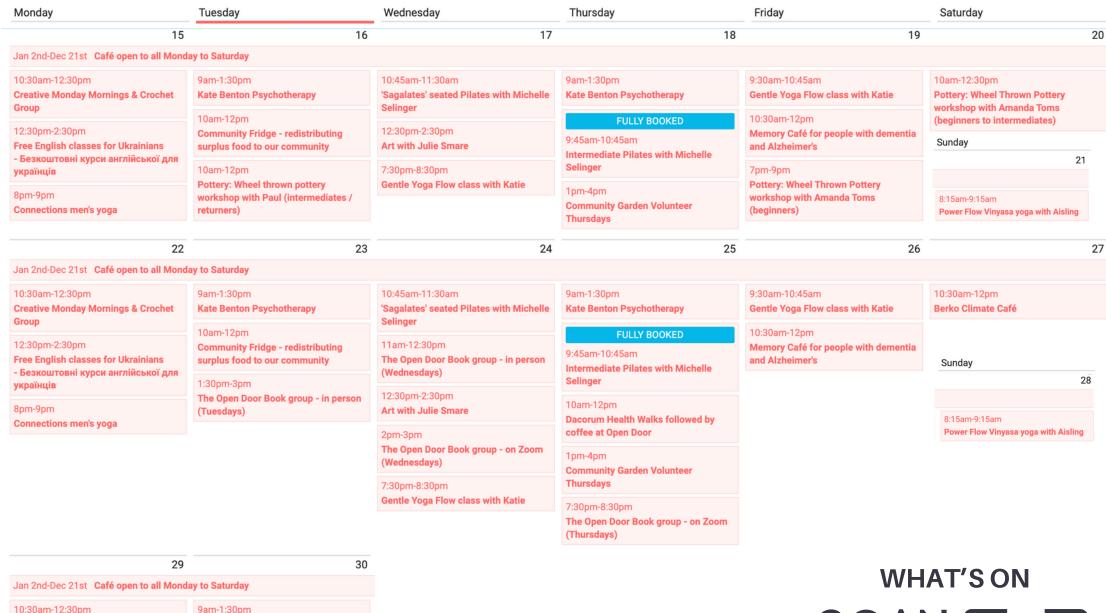
Thursdays

Thursday

Friday

<mark>open</mark>door

Saturday



Creative Monday Mornings & Crochet

Free English classes for Ukrainians

- Безкоштовні курси англійської для

Group

українців 8pm-9pm

12:30pm-2:30pm

Connections men's yoga

Kate Benton Psychotherapy

Community Fridge - redistributing

surplus food to our community

10am-12pm

