



Call for community submissions

Laughter! It's the best medicine (5)

An open submissions community exhibition to spread laughter and joy Monday 14 - Saturday 26 March 2022

We want the people of Berkhamsted and beyond to welcome springtime with giggles, glee and grins on their faces ... and YOU can help us do just that!

It's been a tumultuous couple of years with relentless challenges thrown at us all, so we are determined to spread joy and laughter in 2022. Laughter has been scientifically proven to boost immunity as well as raise mood, so help us promote wellbeing and spread happiness in our community. Send us a piece of art work that you think will bring a smile to someone's face, bring joy to their hearts, or make them laugh out loud!

It's free to enter the exhibition, and we want **everyone** to get involved - from professional artists to amateur photographers, school kids to great-grandparents, and even those of us who don't consider ourselves artistic at all! Send us something that will make us smile – it could be a painting or drawing, but equally something knitted or sewn, a piece of jewellery, film, music, a photograph or some writing.

Go on, give us a giggle and get your submission to us now!

Submission Guidelines

- Send us your submission to info@opendoorberkhamsted.co.uk with the subject heading 'Laughter submission'
- List the works you are submitting, describing the medium and size in cms.
- If you would like your work to be available for sale please confirm the price, to include Open Door's commission of 10%
- Include a jpeg image of your work(s), labelled with your name and the title of the piece
- Please include a short statement about you and your work

Display fees / Commission on Sales

- There is no charge for submission for this exhibition
- If you wish to offer your work for sale in the exhibition, a commission of 10% will be charged on the sale of each item.

Dates to note

- Deadline for submissions: Tuesday 1 March
- Delivery of work: Friday 11 March 1-4pm or Saturday 12 March 3.30-4.30pm

This exhibition is part of a National Lottery funded Public Engagement in Art Project. Please contact us at info@opendoorberkhamsted.co.uk or on **01442 768120** with any queries.